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DI MEDICINA INTERNA



con patrocinio del
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Amici contro
la Sarcoidosi
Italia

THIRD NATIONAL CONFERENCE ON SARCOIDOSIS DIAGNOSIS AND TREATMENT COMORBIDITIES AND THE HOLISTIC APPROACH TO THE DISEASE



PROGRAM

19-20 APRIL 2024
Centro Altinate San Gaetano
Via Altinate, 71 - Padova

CONGRESS PRESENTATION



The ACSI (Friends Against Sarcoidosis Italy) Association and its President Filippo Martone are pleased to announce the

THIRD NATIONAL CONFERENCE ON THE DIAGNOSIS AND TREATMENT OF SARCOIDOSIS Comorbidities and the holistic approach to the disease.

Sarcoidosis is a chronic systemic granulomatous disease characterised by great clinical heterogeneity; indeed, in some cases the disease is asymptomatic, is discovered by chance and heals spontaneously, in others it represents a real diagnostic and therapeutic challenge. In these cases, which account for around a third of all patients, the morbidity of sarcoidosis is very high both because of its clinical manifestations and because of the side effects of corticosteroids, by far the most commonly used drugs for its treatment. This translates into a compromised quality of life and, as these are almost always subjects of working age, reduced productivity with inevitable socio-economic consequences. Sarcoidosis is considered a rare disease; certainly, it is an orphan disease mainly due to the (mis)belief that the disease is benign and only rarely requires treatment.

An often underestimated aspect of the disease is the comorbidities that contribute to the patient's quality of life and complicate its management. The systemic nature of sarcoidosis and the comorbidities call for a multidisciplinary approach to the disease, and this can only be guaranteed in reference centres which, in addition to taking care of the 'complex' patient, are involved in research activities and the testing of new drugs.

With this in mind, the main topics of the 3rd edition of the congress, which will be attended by leading national and international experts, will be the psychological and social (as well as medical) aspects of sarcoidosis, comorbidities (including some of the less explored ones) and the multidisciplinary approach to the disease. However, there will be no lack of references to basic research and new therapeutic perspectives with the hope that a real cure will soon be found for people with sarcoidosis.

Congress President
DR. FILIPPO MARTONE

Scientific Director
PROF. PAOLO SPAGNOLO

FACULTY

CARLO AGOSTINI,
Padova

ELENA BARGAGLI,
Siena

ROBERT BAUGHMAN,
Cincinnati

NICOL BERNARDINELLO,
Padova

FRANCESCO BONELLA,
Essen

CHIARA BRIANI,
Padova

PAOLO CAMELI,
Siena

FRANCESCO CINETTO,
Treviso

ANGELO GUIDO CORSICO,
Pavia

ERNESTO CRISAFULLI,
Verona

DAN CULVER,
Cleveland

NAZZARENO GALIÈ,
Bologna

SERGIO HARARI,
Milano

SIMON HART,
Hull

DOMINIQUE ISRAEL-BIET,
Paris

MARC JUDSON,
New York

FABRIZIO LUPPI,
Monza

FILIPPO MARTONE,
Bologna

JELLE MIEDEMA,
Rotterdam

HILARIO NUNES,
Paris

ANNA PALMIERI,
Treviso

VENERINO POLETTI,
Forlì

LUCA RICHELDI,
Roma

NATALIA RIVERA,
Solna

ANNE-MARIE RUSSELL,
Exeter

GIOVANNI SOTGIU,
Sassari

PAOLO SPAGNOLO,
Padova

PATRIZIA SUPPRESSA,
Bari

DOMINIQUE VALEYRE,
Paris

CLAUDIO TANA,
Chieti

MARIAENRICA TINÈ,
Padova

MARCEL VELTKAMP,
Utrecht

ATHOL WELLS,
London



THE FOLLOWING WILL TAKE PART IN THE CONFERENCE:

RAFAEL CANO BERNALDO DE QUIRÒS, *Asociacion Nacional de Enfermos de Sarcoidosis, Spain*

ROSA IOREN NAPOLI, *Federazione Italiana IPF e Malattie Polmonari Rare ETS, Italy*

CHRIS KNOET, *Sarcoïdose Belangenvereniging, Netherlands*

LUCA ROBERTI, *Associazione Apoici Italiani ETS, Italy*

KATJA SCHILLHORN, *Sarkoidose Selbsthilfe SH, Germany*



FRIDAY, APRIL 19 2024

- 01.00pm Participants Registration
 02.00pm Conference Opening and Greetings by the Authorities

FIRST SESSION: DIAGNOSIS: NEW EVIDENCE AND GLOBAL DIAGNOSIS

CHAIRS: ROBERT BAUGHMAN, VENERINO POLETTI, SERGIO HARARI

- 02.20pm **The importance of an early diagnosis on treatment response and outcome**
 PAOLO SPAGNOLO
- 02.35pm **Discussion**
- 02.40pm **Diagnostic work-up and multiorgan disease**
 DOMINIQUE VALEYRE
- 02.55pm **Discussion**
- 03.00pm **Diagnosis of sarcoidosis without lung involvement**
 MARC JUDSON
- 03.15pm **Discussion**
- 03.20pm **Sarcoidosis and cancer: myth and reality**
 HILARIO NUNES
- 03.35pm **Discussion**
- 03.40pm **Coffee break**

SECOND SESSION: TREATMENT: THE PATIENT CENTRED MULTIDISCIPLINARY APPROACH

CHAIRS: DOMINIQUE VALEYRE, CARLO AGOSTINI, ANGELO GUIDO CORSICO

- 04.00pm **The importance of disease phenotype on treatment choice**
 ATHOL WELLS
- 04.15pm **Discussion**
- 04.20pm **Holistic approach to treatment: sarcoidosis and comorbidities**
 FABRIZIO LUPPI
- 04.35pm **Discussion**
- 04.40pm **Chronic pain in sarcoidosis: diagnosis and treatment**
 MARCEL VELTKAMP
- 04.55pm **Discussion**
- 05.00pm **The role of patient associations in disease management**
 FILIPPO MARTONE
- 05.15pm **Discussion**
- 05.20pm **The treatment of pulmonary hypertension related to sarcoidosis: to whom, where, how**
 NAZZARENO GALIÈ
- 05.35pm **Discussion**
- 05.40pm **The many faces of neurosarcoidosis**
 CHIARA BRIANI, ANNA PALMIERI
- 05.55pm **Discussion**

SATURDAY, APRIL 20 2024

THIRD SESSION: QUALITY OF LIFE OF PATIENTS WITH CHRONIC SARCOIDOSIS: CLINICAL, PSYCHOLOGICAL AND SOCIAL ASPECTS

CHAIRS: ATHOL WELLS, ELENA BARGAGLI, PATRIZIA SUPPRESSA

- 08.30am **Chronic fatigue in sarcoidosis: the role of physical rehabilitation**
 ERNESTO CRISAFULLI
- 08.45am **Discussion**
- 08.50am **Labor law, medico-legal and social aspects of living with chronic diseases: the paradigm of sarcoidosis**
 DOMINIQUE ISRAEL-BIET
- 09.05am **Discussion**
- 09.10am **Psychological impact of sarcoidosis**
 CLAUDIO TANA
- 09.25am **Discussion**
- 09.30am **Unexplored comorbidities of sarcoidosis (sleep breathing, sexual disorders and eating disorders)**
 DAN CULVER
- 09.45am **Discussion**
- 09.50am **Telemedicine: the future is now**
 ANNE-MARIE RUSSELL
- 10.05am **Discussion**

10.10am **Extra CME Session unconditionally supported by Boehringer Ingelheim: "Progressive lung fibrosis in patients with sarcoidosis: diagnostic classification and therapy"**
 ELENA BARGAGLI

- 10.30am **Coffee break**

FOURTH SESSION: BASIC RESEARCH IN SARCOIDOSIS

CHAIRS: MARC JUDSON, JELLE MIEDEMA, FRANCESCO CINETTO

- 10.45am **Novel insight in the epidemiology of sarcoidosis**
 GIOVANNI SOTGIU
- 11.00am **Discussion**
- 11.05am **Disease registries: ERN Sarcoidosis**
 FRANCESCO BONELLA
- 11.20am **Discussion**
- 11.25am **Etiology and pathogenesis: novel paradigms**
 SIMON HART
- 11.40am **Discussion**

SATURDAY, APRIL 20 2024

11.45am **Genetic architecture of sarcoidosis**
PAOLO SPAGNOLO

12.00am **Discussion**

12.05am **Role of Biobanks in sarcoidosis research**
LUCA RICHELDI, NATALIA RIVERA

12.20pm **Discussion**

12.25pm **Alpha-1 antitrypsin deficiency: an update**
MARIAENRICA TINÈ

12.40pm **Discussion**

12.45pm **Extra CME Session unconditionally supported by Xentria:
"XTMAB16 Study studying a TNF α - in a new global clinical trial in pulmonary sarcoidosis"**
ROBERT BAUGHMAN

01.15pm **Lunch**

FIFTH SESSION: NEW RESEARCH AVENUES AND THE EXPECTED IMPACT OF CURRENT STUDY PROTOCOLS: THE FUTURE OF SARCOIDOSIS

CHAIRS: FRANCESCO BONELLA, LUCA RICHELDI, ATHOL WELLS

02.30pm **The "omic" research in sarcoidosis: new tools to understand the disease**
PAOLO CAMELI

02.45pm **Discussion**

02.50pm **The state of ongoing research**
FRANCESCO CINETTO

03.05pm **Discussion**

03.10pm **New therapeutic perspectives**
JELLE MIEDEMA

03.25pm **Discussion**

03.30pm **The future of the research in sarcoidosis**
ELENA BARGAGLI

03.45pm **Discussion**

POSTER SESSION

CHAIRS: PAOLO SPAGNOLO, NICOL BERNARDINELLO

03.50pm **Best poster presentation and award**
Closing remarks

GENERAL INFO**CONGRESS VENUE**

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CME CREDITS

Provider n. 5798 – Awarded credits 9
Event n. 404860

The Congress has been accredited by the Italian Ministry of Health in RESIDENTIAL mode, for all professionals in all disciplines.

CONGRESS PRESIDENT

FILIPPO MARTONE
ACSI – Amici Contro la Sarcoidosi Italia
ETS – President

SCIENTIFIC DIRECTOR

PAOLO SPAGNOLO
Full Professor of Respiratory Medicine,
University of Padova

LEARNING OUTCOME

Technical and professional content, knowledge and skills specific to each profession, each specialisation and each ultra-specialised activity, including rare diseases and gender medicine.

VERIFICATION METHOD

It should be noted that, for the purpose of acquiring training credits, 100% actual attendance of the whole duration of the proceedings and at least 75% of the correct answers to the learning assessment test are required.

PRIZE FOR POSTGRADUATE STUDENTS

A special award has been organized for young researchers. Trainees and newly specialized doctors, regularly enrolled in the Congress.

CME CERTIFICATE

After verification, the CME certificate will be sent by email to the address indicated on the Registration Form.

CERTIFICATE OF PARTICIPATION

All attendants will receive the Certificate of Participation by the Organizing Secretariat after the Congress by email.

ORGANIZING SECRETARIAT

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