

ORGANIZING SECRETARIAT  
SYMPOSIUM  
EVENTI

Symposium srl

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Amici contro  
la Sarcoidosi  
Italia

# FOURTH NATIONAL CONFERENCE ON SARCOIDOSIS DIAGNOSIS AND TREATMENT THE BEST PRACTICE

**PRELIMINARY  
PROGRAM**

**APRIL 7-8 2025**  
The Nicolaus Hotel  
Via C. Agostino Ciasca 27 - Bari

# CONGRESS PRESENTATION



The ACSI (Friends Against Sarcoidosis Italy) Association and its President Filippo Martone are pleased to announce the

## FOURTH NATIONAL CONFERENCE ON SARCOIDOSIS DIAGNOSIS AND TREATMENT

### The best practice.

Sarcoidosis is a chronic systemic granulomatous disease of unknown etiology that can potentially affect any organ. It is a rare disease, characterized by a variable incidence and prevalence depending on the geographical area and an extremely heterogeneous clinical presentation, within which a totally asymptomatic picture or defined by the presence of general non-specific or organ-specific symptoms can emerge. The clinical course is also extremely variable, as there may be a spontaneous or therapeutically induced remission of the disease or its chronicization.

Sarcoidosis, due to its intrinsic characteristics, is therefore a disease of high clinical complexity and with a significant impact on the psycho-social level, which requires a multidisciplinary approach for its management interested in taking care of the patient but also in the design of a shared diagnostic-therapeutic pathway.

This is of considerable importance in terms of optimal management not only of the underlying pathology, but also of any comorbidities associated with it. In this regard, an aspect of considerable importance is represented by the comorbidities on the cardio-metabolic level of the patient with sarcoidosis: in fact, there are many evidences that outline a correlation between sarcoidosis on the one hand and obesity, diabetes, metabolic syndrome and atherosclerosis on the other. The pathogenetic connection finds its foundations in the sharing of a constant chronic pro-inflammatory state that can make the patient with sarcoidosis more exposed to the risk of developing atherosclerotic disease; On the other hand, corticosteroid therapy itself, which represents a cornerstone in the treatment of sarcoidosis, can frequently lead to a picture of dysmetabolism. A further relevant study for the quality of the person relates to fatigue and fatigue, daytime sleepiness and chronic pain, and the pathological facts that are the cause. The impact of this condition leads to significant conditioning in the individual's work and social capacity, which must be adequately identified and taken care of. A holistic approach that takes into account the phenotyping of the patient based on cardio-metabolic aspects is configured as an innovative contribution to the implementation of precision medicine, personalized and aimed at improving the patient's quality of life and his state of health.

With these premises, in the Fourth National Conference on Sarcoidosis Diagnosis and Treatment, which will see the commitment of leading national and international experts, the issue of cardio-metabolic comorbidities will be addressed, with reference to the latest scientific evidence; The psycho-social problems of the disease, the importance of multidisciplinary and the state of the art on the diagnostic-therapeutic path of the patient with sarcoidosis will be discussed, both from a purely clinical point of view and in terms of emerging innovations in the field of scientific research.

# FACULTY

KATERINA ANTONIOU  
*Heraklion*

ELIZABETH ARKEMA  
*Solna*

ELENA BARGAGLI  
*Siena*

ROBERT BAUGHMAN  
*Cincinnati*

FRANCESCO BONELLA  
*Essen*

PAOLO CAMELI  
*Siena*

ANTONELLA CAMINATI  
*Milano*

GIOVANNA ELISIANA  
CARPAGNANO  
*Bari*

STEFANIA CERRI  
*Modena*

FRANCESCO CINETTO  
*Treviso*

ELISA CINOTTI  
*Siena*

ELLIOTT GROUSER  
*Columbus*

DAN CULVER  
*Cleveland*

MICHELE D'ALTO  
*Napoli*

MARJOLEIN DRENT  
*Maastricht*

CLAUDIA FABIANI  
*Siena*

JAN GRUTTERS  
*Utrecht*

DOMINIQUE ISRAEL-BIET  
*Paris*

MARC JUDSON  
*New York*

VASILIS KOURANOS  
*London*

DONATO LACEDONIA  
*Foggia*

FILIPPO MARTONE  
*Bologna*

JELLE MIEDEMA  
*Rotterdam*

GIANFRANCO PARATI  
*Milano*

GIULIANA PASCIUTO  
*Roma*

VENERINO POLETTI  
*Forlì*

ANTJE PRASSE  
*Hannover*

GAETANO REA  
*Napoli*

NATALIA RIVERA  
*Solna*

ANDREA ROMIGI  
*Pozzilli*

PAOLA ROTTOLI  
*Siena*

JACOBO SELLARES  
*Barcelona*

GIOVANNI SOTGIU  
*Sassari*

PAOLO SPAGNOLO  
*Padova*

PATRIZIA SUPPRESSA  
*Bari*

CLAUDIO TANA  
*Chieti*

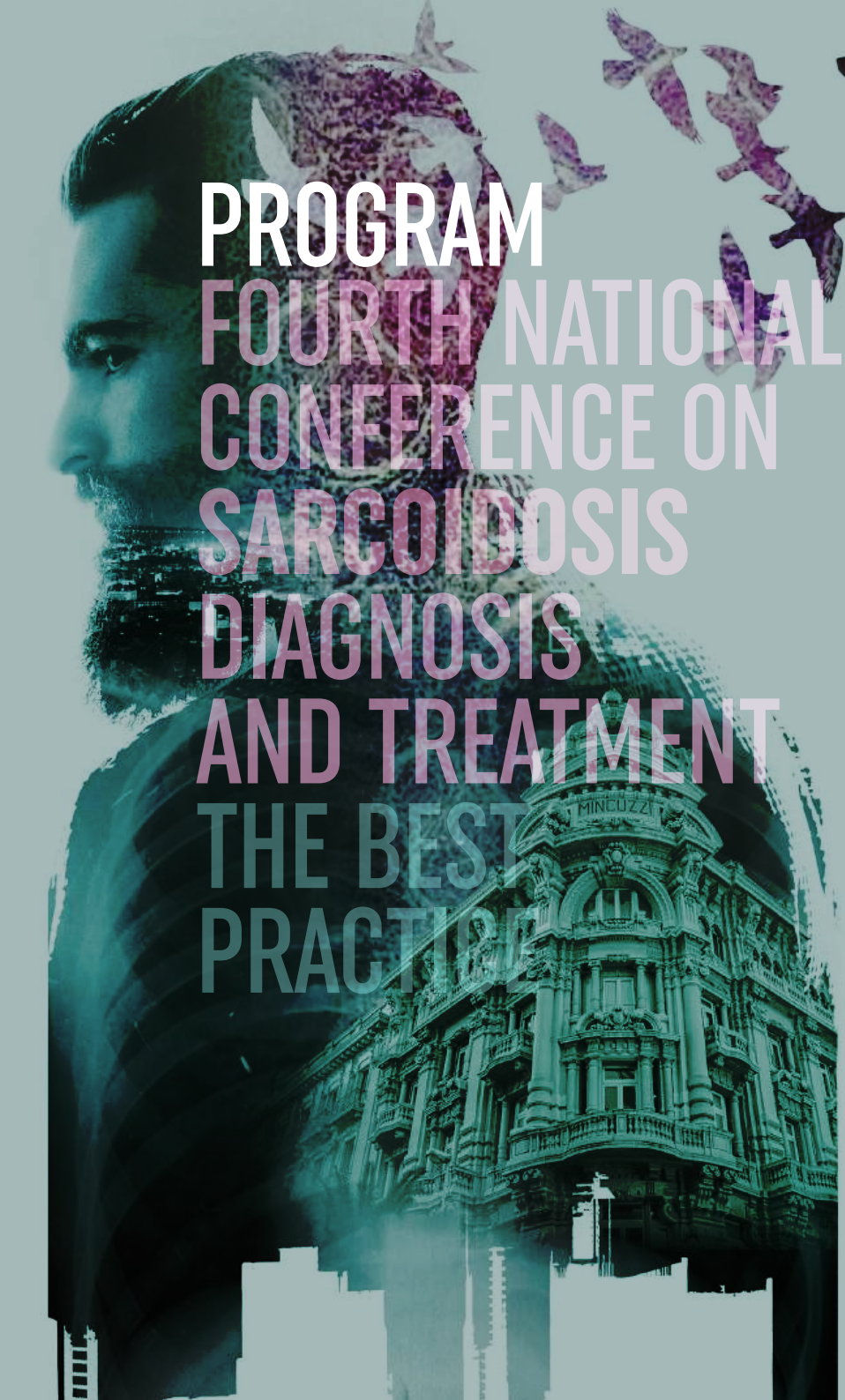
DOMINIQUE VALEYRE  
*Paris*

MARCEL VELTKAMP  
*Utrecht*

ATHOL WELLS  
*London*

MARLIES WIJSENBEEK  
*Rotterdam*





**PROGRAM**  
**FOURTH NATIONAL**  
**CONFERENCE ON**  
**SARCOIDOSIS**  
**DIAGNOSIS**  
**AND TREATMENT**  
**THE BEST**  
**PRACTICE**

**MONDAY, APRIL 7 2025**

- 10.30am Participants registration  
 11.00am Conference inauguration and greetings by the Authorities

**FIRST SESSION: THE DIAGNOSIS CLINIC OF SARCOIDOSIS: DAILY BEST PRACTICE AND POSSIBLE PROGRESS**

CHAIRS: PATRIZIA SUPPRESSA, ELENA BARGAGLI, DAN CULVER

- 11.15am **Diagnosis of sarcoidosis: methods and tools for early diagnosis**  
 JAN GRUTERS
- 11.30am **Multi-organ disease: contribution of diagnostic imaging**  
 GAETANO REA
- 11.45am **Diagnosis of extrapulmonary sarcoidosis**  
 ROBERT BAUGHMAN
- 12.00pm **Difficult differential diagnosis in sarcoidosis**  
 PAOLO SPAGNOLO
- 12.15pm **Discussion**

12.30pm **Extra CME Session with the unconditional contribution of Atyr**

- 01.00pm
- Lunch**

**SECOND SESSION: DAILY BEST PRACTICE: A MULTI-DISCIPLINARY APPROACH IN THE TREATMENT OF SARCOIDOSIS**

CHAIRS: ROBERT BAUGHMAN, VENERINO POLETTI, PAOLO CAMELI

- 02.15pm **Applicability of the 2021 guidelines in today's clinic**  
 DOMINIQUE ISRAEL-BIET
- 02.30pm **Management of sarcoidosis comorbidities: multidisciplinary in daily practice**  
 ELENA BARGAGLI
- 02.45pm **Phenotypes and pain therapy in sarcoidosis**  
 MARCEL VELTKAMP
- 03.00pm **Dermosarcoidosis: clinical follow-up and therapy**  
 ELISA CINOTTI
- 03.15pm **Pulmonary hypertension in sarcoidosis: prevention and therapy**  
 MICHELE D'ALTO
- 03.30pm **Neurosarcoidosis therapy and follow-up**  
 FRANCESCO CINETTO
- 03.45pm **Ocular manifestations of sarcoidosis: diagnosis and treatment**  
 CLAUDIA FABIANI
- 04.00pm **WASOG: present and future role in the definition of clinical best practices and in research**  
 ATHOL WELLS
- 04.15pm **Discussion**
- 04.30pm **Coffee break**

**MONDAY, APRIL 7 2025****THIRD SESSION: CHRONIC FATIGUE, DAYTIME SLEEPINESS AND METABOLIC SYNDROME IN SARCOIDOSIS**

CHAIRS: MARLIES WIJSEBEEK, GIOVANNA ELISIANA CARPAGNANO, KATERINA ANTONIOU

- 04.45pm **Diabetes, obesity and metabolic alterations**  
PATRIZIA SUPPRESSA
- 05.00pm **Chronic fatigue and sleepiness: the neurologist's point of view**  
ANDREA ROMIGI
- 05.15pm **Possible therapies of sleepiness and impact on the fatigue**  
GIULIANA PASCIUTO
- 05.30pm **Atrial fibrillation, OSAS and sarcoidosis: casuality or causality?**  
GIANFRANCO PARATI
- 05.45pm **Cardiac sarcoidosis: prevention, diagnosis and therapy**  
VASILIS KOURANOS
- 06.00pm **Discussion**
- 06.20pm **Conclusion of first day**

**TUESDAY, APRIL 8 2025****FOURTH SESSION: CLINICAL, PSYCHOLOGICAL AND QUALITY OF LIFE CARE OF THE PERSON WITH SARCOIDOSIS**

CHAIRS: FRANCESCO BONELLA, DONATO LACEDONIA, JAN GRUTERS

- 08.30am **Unmet needs of European citizens affected by sarcoidosis**  
FILIPPO MARTONE
- 08.45am **Socioeconomic consequences of sarcoidosis**  
ELIZABETH ARKEMA
- 09.00am **Psychological impairment and chronic fatigue: labor law aspects**  
MARJOLEIN DRENT
- 09.15am **Psychological impairment and chronic sarcoidosis: salient aspects and therapies**  
CLAUDIO TANA
- 09.30am **Telemedicine: the evolution of a strategic tool to improve the quality of life**  
MARLIES WIJSEBEEK
- 09.45am **Discussion**
- 10.00am **Extra CME Session with the unconditional contribution of Boehringer Ingelheim  
Progressive pulmonary fibrosis in the clinical practice of patients  
with sarcoidosis: how to recognize and treat it**  
ELENA BARGAGLI
- 10.20am **Coffee break**

**TUESDAY, APRIL 8 2025****FIFTH SESSION: BASIC RESEARCH ON SARCOIDOSIS: 2025 UPDATE**

CHAIRS: MARC JUDSON, MARCEL VELTKAMP, ATHOL WELLS

- 10.35am **The composite picture of epidemiology of sarcoidosis: possible keys to interpretation**  
GIOVANNI SOTGIU
- 10.50am **Sarcoidosis phenotypes: impact on research and therapy**  
FRANCESCO BONELLA
- 11.05am **Etiopathogenesis of sarcoidosis: new insights**  
DAN CULVER
- 11.20am **Animal models of sarcoidosis**  
ELLIOTT CROUSER
- 11.35am **The genetics of sarcoidosis: new elements for understanding the disease**  
NATALIA RIVERA
- 11.50am **Supranational research projects on sarcoidosis**  
JACOBO SELLARES
- 12.05pm **Discussion**
- 12.20pm **Extra CME Session with the unconditional contribution of Xentria  
XTMAB16 Study: Clinical trial investigating a TNF $\alpha$ - in pulmonary sarcoidosis**  
ROBERT BAUGHMAN

12.50pm **Lunch****SIXTH SESSION: IMPACT OF RESEARCH ON SARCOIDOSIS CLINIC**

CHAIRS: DOMINIQUE VALEYRE, ANTONELLA CAMINATI, PAOLO SPAGNOLO, JACOBO SELLARES

- 02.20pm **New biomarkers: concrete applications and available perspectives**  
ELENA BARGAGLI
- 02.35pm **Therapy of sarcoidosis: what's new?**  
MARC JUDSON
- 02.50pm **Th17 cells in sarcoidosis**  
ANTJE PRASSE
- 03.05pm **The role of cytokine interplay in the pathogenesis of sarcoidosis**  
JELLE MIEDEMA
- 03.20pm **Sirolimus: eternal promise or concrete reality in the treatment of sarcoidosis?**  
DOMINIQUE VALEYRE
- 03.35pm **The future of sarcoidosis research: new protocols underway**  
ATHOL WELLS
- 03.50pm **Discussion**

**BEST POSTER AWARD**

CHAIRS: PAOLA ROTTOLI, STEFANIA CERRI, FRANCESCO CINETTO

- 04.05pm **Best poster presentation and award**
- 04.25pm **Closing remarks**



# GENERAL INFO

## ORGANIZING SECRETARIAT

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[www.sarcoidosi.org](http://www.sarcoidosi.org)

## CONGRESS VENUE

### The Nicolaus Hotel

Via C.A. Ciasca, 27 – Bari

## CME CREDITS

Provider n. 5798 – Awarded credits X  
Event n. XXXXX

The Congress has been accredited by the Italian Ministry of Health in RESIDENTIAL mode, for all professionals in all disciplines.

## CONGRESS PRESIDENT

**DOTT. FILIPPO MARTONE**

ACSI – Amici Contro la Sarcoidosi Italia  
ETS – President

## SCIENTIFIC DIRECTOR

**PROF. PATRIZIA SUPPRESSA**

Director of Internal Medicine,  
General Regional Hospital F. Miulli,  
Acquaviva delle Fonti, Bari

## SCIENTIFIC COMMITTEE

**PROF. ELENA BARGAGLI**

Full Professor of Respiratory Medicine,  
University of Siena

**PROF. PAOLO SPAGNOLO**

Full Professor of Respiratory Medicine,  
University of Padova

## LEARNING OUTCOME

Technical and professional content, knowledge and skills specific to each profession, each specialisation and each ultra-specialised activity, including rare diseases and gender medicine.

## VERIFICATION METHOD

It should be noted that, for the purpose of acquiring training credits, 90% actual attendance of the whole duration of the proceedings and at least 75% of the correct answers to the learning assessment test are required.

## PRIZE FOR POSTGRADUATE STUDENTS

A special award has been organized for young researchers. Trainees and newly specialized doctors, regularly enrolled in the Congress, are invited to submit their abstracts, which will be presented at the Congress as Posters. The three best abstracts will be selected by the Scientific Committee and awarded a prize of € 500.00 each. As soon as the registration is completed and the registration fee is paid, all those who wish to participate will be sent an abstract form containing instructions.

Abstracts must be submitted by **no later than March 20, 2025**.

## SUBSCRIPTION FEE

(VAT 22% INCLUDED)

### The subscription fee includes:

- Participation at Scientific Sessions
- Congress kit
- Light lunch and coffee breaks as scheduled
- Acquisition of CME Credits
- Certificate of attendance

REGISTRATION FEES	BY MARCH 1, 2025	FROM MARCH 2, 2025
Physician	180€	250€
Trainee, PhD Student, Research Fellow, Other Profession	90€	90€
ACSI member (physician)	180€	250€

## REGISTRATION AND METHOD OF PAYMENT

Fee payment can be made after completing the Registration Form by:

### • Bank transfer net of bank charging:

Bank: BANCA DI BOLOGNA Bologna Sede  
IBAN: IT 70 J 08883 02401 016000161206  
BIC: CCRTIT2TBDDB

Stated reason for the transfer:

Registration (Name and Surname) SECOND  
NATIONAL CONGRESS ON THE DIAGNOSIS AND  
TREATMENT OF SARCOIDOSIS

### • Debit/Credit card net of charges

To register [click here](#)

## HOTEL RESERVATION

For hotel reservations please contact:

Symposium srl

[segreteria@symposium-eventi.it](mailto:segreteria@symposium-eventi.it)

Tel +39 051 6448110 - Mob. +39 3387479543

After receiving the reservation request, the Organizing Secretariat will send back a Hotel Confirmation Form including costs and methods of payment.



## CME CERTIFICATE

After verification, the CME certificate will be sent by email to the address indicated on the Registration Form.

## CERTIFICATE OF PARTICIPATION

All attendants will receive the Certificate of Participation by the Organizing Secretariat after the Congress by email.

## CONGRESS DINNER

A Congress Dinner will be held on April 7, 2025. Those interested in participating can flag it on the Registration Form.

We remind you that only a limited number of places is available and an additional fee is required.